

38th Don Morrison Memorial Edale Skyline Fell Race 2012 - Entry Form

Sunday 25th March 2012 @ 10.30 am AL 21 miles, 4500 feet of ascent

Full Name		Age on race day	
Address		D.O.B	
		Postcode	
Phone No		Mobile no	
Club			
Email			

Tick the appropriate age category

Senior men 18-39		Senior Ladies 18-39	
MV 40		LV 40	
MV 45		LV 45	
MV 50		LV 50	
MV 55		LV 55	
MV 60		LV 60	
MV65		LV 65	
MV 70		LV 70	

All runners - Owing to the severity of this event (distance, terrain and winter conditions), only experienced fell runners should consider taking part. Therefore detail below your relevant running experience i.e. events completed in the last 2 years including the dates and distance.

All runners - list below any previously completed Skyline races:

I UNDERSTAND THAT THIS RACE IS HELD IN ACCORDANCE WITH BOTH THE RULES AND SAFETY REQUIREMENTS OF THE FRA. I CONFIRM THAT I AM AWARE OF, AND AGREE TO FOLLOW, THE ORGANISER'S INFORMATION AND REQUIREMENTS IN CONNECTION WITH THIS RACE. I ACCEPT THE HAZARDS INVOLVED IN FELL RUNNING AND ACKNOWLEDGE THAT I AM ENTERING AND RUNNING THIS RACE AT MY OWN RISK. OTHER THAN THE ORGANISER'S LIABILITY FOR CAUSING DEATH OR PERSONAL INJURY BY NEGLIGENCE, I CONFIRM THAT I UNDERSTAND THAT THE ORGANISER ACCEPTS NO LIABILITY TO ME FOR ANY LOSS OR DAMAGE OF ANY NATURE TO MYSELF OR MY PROPERTY ARISING OUT OF MY PARTICIPATION IN THIS RACE. I WILL BE AT LEAST 18 YEARS OLD ON 25 MARCH 2012
I UNDERSTAND THAT THE SKYLINE IS A LONG DISTANCE RACE OVER DIFFICULT TERRAIN WHICH REQUIRES NAVIGATIONAL SKILLS AND IT MAY TAKE PLACE WHEN THE WEATHER CONDITIONS ARE POOR. I CONFIRM I HAVE THE NECESSARY SKILLS AND EXPERIENCE TO PARTICIPATE IN THIS EVENT.

Signed:

Date:

Entries by post to the organiser: Ian Fitzpatrick, 117 Millhouses Lane, Sheffield S7 2HD.

Entries open until 13th March 2012 or when the entry limit is reached. The entry fee is £7. Please write the competitors name on the back of the cheque. Cheques made payable to Dark Peak Fell Runners.

Edale Skyline Fell Race 2012 – Race Information and Requirements

I realise that the vast majority of entrants are sensible and responsible people who regularly compete in events of this nature; however I'm sure you realise that is necessary for the race information and requirements to be thorough and clear to all participants.

By entering the race you are confirming that you have read, understood and agree to these requirements
Entry Information

All race entries must be made on the official race entry form.

All applicants should check the entry list; I will not be contacting people directly to confirm they have places. Please allow two weeks for your name to appear, if it's not there after this time please do email.

This year substitutions WILL be possible, for your safety we need to know who is actually running, do not run on someone else's number. Anyone found doing this will be disqualified and banned from future events.

If you are not able to run you should either:

- If you know someone who would like your place - complete the substitution form and contact me by email. There will be an additional charge for substitutions
- If you can't find someone to take your place please email me, I will reserve you a place in next years event. No refunds will be given.

If the entry limit is not reached then some entries on the day will be possible. If the race fills up before the day there will be no entries on the day. This will be announced on the DPFR website and the Skyline Facebook page

If the race is full there will be a waiting list, this will be on the DPFR website and the Skyline Facebook page

Course Details

Start and Finish: **Field at the bottom of Grindsbrook (GR123862)**

1. Ringing Roger (GR 126872)	7. Lord's Seat on Path (GR 106832)
2. Jagger's Clough (GR144881)	8. Brown Knoll (GR 083851)
3. Win Hill Summit (GR 187851)	9. Top of Jacob's ladder (GR 081861)
4. Hope (Edale Road) (GR 172838)	10. Grindslow Knoll (GR 110868)
5. Lose Hill Summit (GR 153853)	11. Ringing Roger (GR 126872)
6. Mam Tor (GR 127835)	12. Finish (GR 123862)
Time limit and cut off at Mam Nick extended to 2 hours and 45 minutes after the start, but still no exceptions!	

Kit check and Registration

Minimum equipment to be carried:

- Full waterproof body cover cagoule with hood and over trousers – this means kit sold as waterproofs with taped seams.

- Long sleeved base layer
- Hat, buff or similar is OK
- Gloves
- Whistle, compass and map of the full route –mobile phone and/or GPS is allowed in addition, but is not a substitute for knowing how to navigate the course
- Emergency food, at least 200kcal. This is for emergencies so you will need to still have at the end of the race - if you want to eat during the race you will need extra food as well as emergency food.

There will be kit checks for all runners, these will take place at registration you will not be able to run without all the minimum kit as listed above – please make sure you have it all.

Random kit checks will also take place at the start and finish. If you don't have the kit at these later checks you will be disqualified and banned from future events, no exceptions – its cheating and you are putting yourself, me as organiser and fell racing at huge risk by not taking personal responsibility for your safety.

Registration

Remember that the clocks change this weekend – there is always someone who arrives late looking confused!

Registrations in Edale Village Hall (GR 123853), 15 minutes walk from the start. Registration will close at 10.15am. Please allow plenty of time for this – the village hall is not that big.

You will be required to provide emergency contact details and car reg number during registration so please have these to hand.

Car Parking

Fell Race Car Park will be signposted on the day – do not park in the main village car park. Please car share, there will be a charge for the car park and this will be higher for single occupancy cars!

Additional requirements

Accelerate will be at the event with their mobile shop, if you require kit especially for the event please contact them directly to ensure they can provide it on the day.

Competitors are not allowed to take dogs on the course.

You will need to display your full race number during the event and confirm it with marshals as requested.

You will need to follow instructions from marshals during the event.

There are two sections involving roads on the course, whilst there will be marshals present, the roads are open to normal traffic – so please take care!

It should go without saying that you have no priority over other users of the Peak District during the event, much of the route uses paths which are very popular and sections of the route can be busy, please be polite.

Unless directed by marshals the route between checkpoints is for you to work out with the following exceptions:

- Keep to the path on the zig-zags under Ringing Roger – going up and coming down.
- Follow the tape flags and marshals instructions to the west of Brown Knoll trig.

If you are caught cutting the corners of zig-zags you will be disqualified and banned from future events – no exceptions.

We work very hard with the National Park authority and the National Trust to secure permission for the Edale Skyline. Failure to follow these instructions could jeopardise future events in the Edale valley.

If you have further questions please check the FAQ's on the skyline pages of www.dpfr.org.uk prior to contacting me – it takes a long time to reply to 400 emails!

I am happy to confirm that we have several partners for the race – please visit the skyline page at www.dpfr.org.uk for up-to-date information.

As in previous years proceeds will be donated to local charities, with donations detailed on the Edale Skyline pages of www.dpfr.org.uk soon after the event

Finally I hope enjoy your training. Prepare well and have a good race. See you there!

Race Organiser: Ian Fitzpatrick Tel: 07940 593538
Email: skyline@dpfr.org.uk

Facebook: Edale Skyline 2012

Twitter: @Edaleskyline

