

Dark Peak Fell Runners - Risk Assessment

<b>Assessment Title</b>	Individual Time Trials					
<b>Assessment Description</b>	This assessment considers the risks associated with Individual Time Trials for club members, that are undertaken within a multiday window and with instructions for self-sufficiency on the hill. This activity does not take place in a COVID-secure environment.					
<b>Coach / Assessor</b>	Lewis Ashton					
<b>Date of Assessment</b>	02/09/2020					
<b>What are the Hazards</b>	<b>Who might be harmed</b>	<b>Controls Required</b>	<b>Additional Controls</b>	<b>Action by whom</b>	<b>Action by when</b>	<b>Done</b>
Spread of Covid-19 Coronavirus	Athlete, General Public	Group sizes limited to two people, or two house hold groups.  Self-sufficiency on the hill - navigation and emergency equipment.	Compliance with general Government guidance  In the event that another group is encountered, maintain distancing.	The Athlete	Before and at the time of the run	Not Assessed